



The Ups and Downs of Alpha Centauri



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α Cen destined for pivotal place in human history. **BEST STOP EVER for future starfarers from Earth.**

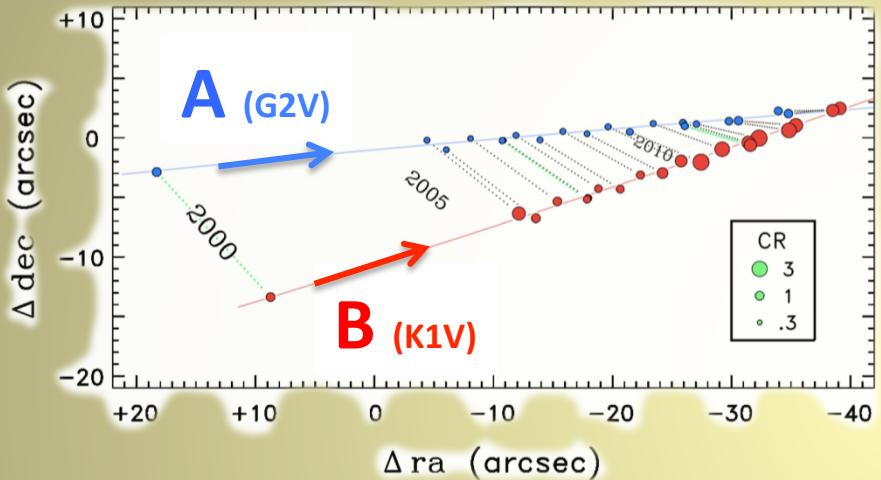
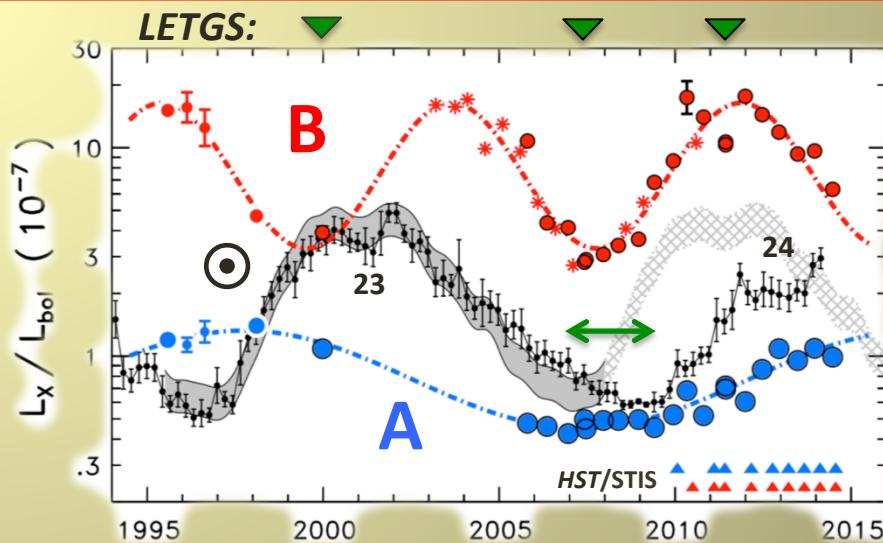


Fig. 1: *Chandra HRC* cartoon streak image of **α Cen AB** over 15 years. **N** is up ; **E** to the left. Fast **NW** sweep is large **proper motion** of system; wobbles are **parallax**; slow turn of binary is $P=80$ yr **orbital arc**. Filled circles are **HRC count rates**, corrected for flares.

Fig. 2: Timeline of 0.2-2 keV X-rays of **Sun** (black dots: 3 rotation ave's) & **α Cen AB**. Pre-2000 values-- **ROSAT**, post-- **Chandra** (dots) and **XMM** (*: **B** only; **A** unresolved by **EPIC** since 2005). Shading is three solar-cycle ave. Note **delayed MIN** solar Cycle 23.



AB coronal cycles bracket Sun's. **B**'s 8-yr period shorter, **A** longer (or delayed minimum). Like Sun, **hotter** at MAX, **cooler** at MIN. **AB** are keystones for tracing origins of stellar cycles.